



SUMMER NEWS

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FEATURED RECIPE

CHERRY MUFFINS

INGREDIENTS	METHOD
175g/8oz Barkat Bread Mix 110g/4oz Soft Margarine 4oz of Castor Sugar 4 Eggs 50g/4oz Glace Cherries 25g/2oz Ground Almonds 2 drops Almond essence	1. Pre-heat Oven to 180°C/350°F or Gas Mark 4. 2. Mix all the ingredients together for 2 minutes 3. Divide the Mixture into Muffin Cases (should make 10 muffins). 4. Bake for Approx 20 minutes.

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Adding variety to a gluten free and wheat free diet

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