

Organic Muesli
Product Data Information

Brand	Barkat
Product Description	Organic Muesli
Free From	Gluten, wheat, egg, milk, yeast, artificial colours, flavours and preservatives
Ingredients	Rice flakes, raisins, quinoa flakes, cornflakes, puffed rice, figs, bananas, sunflower kernels, buckwheat, sesame
Allergens	May contain traces of soya and nuts
Certifications	Suitable for vegetarians
Product Weight	250g (8.8oz)
Case Size	
Total Shelf Life	9 months

NUTRITION INFORMATION

	Per 100g	Per 30g serving
Energy	1507kJ/ 357kcal	452kJ/ 108kcal
Protein	8.9g	2.6g
Carbohydrates	69.8g	21g
of which sugars	17g	5.1g
Fat	7g	2.1g
of which saturates	0.83g	0.25g
Fibre	5.3g	1.6g
Sodium	16mg	4.8mg

Bar Code (unit): 8 0434500020 2

Bar Code (case):

Product Dimensions (mm)

 Width
Depth
Height

Case Dimensions (cm)

 Width
Depth
Height

Pallet Configurations

 Quantity Per Layer
Layers Per Pallet

Nutrition Facts

Serving Size 30g

Servings Per Container 8

Amount Per Serving

Calories 108 Calories from Fat 19

		% Daily Value*	
Total Fat	2g		3%
Saturated Fat	0g		1%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	5mg		0%
Total Carbohydrate	21g		7%
Dietary Fibre	2g		6%
Sugars	5g		
Protein	3g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per Gram

Fat. 9 . Carbohydrate. 4 . Protein. 4.